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zoot capri

[THE MAGAZINE]

WINTER 1991/92

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Why Don't We Do It In The Road? p. 17



Our Most Excellent Contest! p. 20



Great Jobs In The Media p. 21



Cool, Refreshing Ice T p. 26

THE ZOOT

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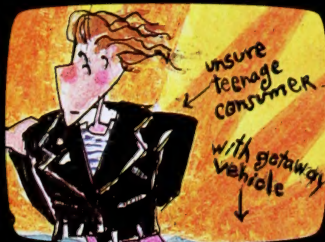


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Some well-known rock 'n rollers are hiding under the counter at your local record store.

THE MEDIA ISSUE

It's true. The very magazine you are now holding in your hands is a "medium" through which ideas and information leap from the twisted minds of our artists and writers, into your own curious cranium.

Actually, anything that carries a message from one person to another qualifies as "media," including: TV, radio, newspapers, magazines, T-shirts, and billboards... not to mention graffiti-sprayed buildings and lavatory walls. (For a good time, call 1-800-665-2211.)

Teens are a target of the media as individuals and companies look to the future (you) and try to sell you stuff or simply earn your support for their ideas early on.

The good news is that more than ever before, you have the power and plenty of opportunity to influence the media and shape the way people try to influence you. Need proof? Look at all the people in their late teens and early twenties who are creating commercials and megabuck rock videos... even feature films. (Steven Spielberg was barely out of his teens when he directed *Jaws*.)

This issue of ZOOT will give you a good look at the role the media plays in your life and, we hope, provide some clues on how to understand and even control its effect on you.

flash

DATING DATA

According to a recent survey in **Teen** magazine, most guys like girls to ask them out. Guys

interpret the gesture to mean that the girl cares about herself, and believes she'll be good company. The three things girls do that turn guys off are: smoking, swearing, and wearing too much make-up.

But... according to ZOOT's Readers...

It doesn't matter who does the asking out. A girl doesn't call up a guy to prove she's got confidence, or to show she's good company. She does it because she wants to. Sitting around waiting for the phone to ring is uncool. The three things guys do that turn girls off are: showing off, spreading rumours, and smoking.

DOIN' WHAT COMES NATURALLY

If the closest you ever get to nature is a box of Bran Flakes, maybe it's time to get better tuned in, environmentally. You can, through the Junior Forest Wardens. The Junior part sounds a little young? No way. You're never too old - or too cool - to have fun learning about Forestry, Ecology, Woodstravel and Leadership. JFW is a national organization with two special sections for teens: *Adventurers* is for kids 12-15 and *Challengers* is for the 15-18 bracket.

"So whatta we do, chase squirrels?"



Not exactly. There's no place for messing with the wildlife. But you will get a chance to learn about it. Basically, JFW offers the challenge of learning more about your environment and yourself first hand from qualified leaders and special resource people. There's no special uniform; Junior Forest Wardens could look like anybody. Even the guy over there with the pine tree shaved into the back of his head. The point is to get a better understanding of the wild while you're right out in it.

Where do they meet? How do I join? There are over 3,500 members of JFW in the province and there may be a chapter right where you live. To find out, look in the Alberta Government section of your phone book and call the Forestry, Land and Wildlife Department.

Straight To The Heart



PHOTO COURTESY OF JETH WEINRICH

Calgary filmmaker **Jeth Weinrich** has just completed **Heartland**: a story of Alberta teens with chronic illnesses, some of which are terminal. It's not exactly bright and cheery material... until you take a closer look at where **Heartland** is. "It's all about that special place inside each of us and it's about helping one another," says Jeth. Over the course of about a year, he's learned a lot about "giving" from his film subjects who range in age up to about 18 years.

"Most kids that age are just beginning to realize the

future possibilities. The kids in **Heartland** don't have that opportunity. Their lives are just about over." Yet the kids are anything but down and out. "Everyone," says Weinrich, "has their own extraordinary story of dealing with life." Music for **Heartland** has been donated by local, national and even international talent like Ozzy Osborne and Los Lobos. **Heartland** premieres in Calgary on January 20th at the Jack Singer Concert Hall. Ticket prices are hefty... \$25.00, but it's for a good cause... proceeds will go to the Alberta Children's Hospital.

Now For A TV Update

The sports guys are adding new twists to the way fans watch football and hockey.

In Montreal, television viewers can watch hockey games from pre-selected camera angles. It's a neat idea for the fans of "in-your-face" ice time. Another recent innovation is TV cameras on the helmets of football quarterbacks. The idea is to get you right into the game, and a little closer to those bone-crunching sacks.



CELINA CONNOLLY WILL SHINE ON NEON

CANADIANA
OCT 10 1992

Two thousand ZOOT readers made it really tough for Danny Virtue and Winston Rekert to choose a name for Neon

Rider's newest star, the ranch's new pony. There were lots of great names to choose from, but only one won.

The foal was recently christened J.D., (for Juvenile Delinquent) by 16-year-old Celina Connolly of Edson, who wrote, "I figure since the kids on the show would be the ones to name the colt, they would agree that the ranch always has room for more J.D.s."



In narrowing down the choices, Danny and Winston chose the following as runners up: Future Hope, Sundust, Ginger Root, Shadow Spirit, Palestreak, New Chance, Hope, Mischief, New Start, Nevada, Electric, Action,

Guider and P.A.L. (for Peace And Love).

By the time you read this, Celina will have visited the set and played a bit part in the show. Watch the next issue for details of her experience!

ROXETTE WINNER

Most of the 300 entrants in our Summer **Roxette** Contest give-away knew that the ballad "It Must Have Been Love" was in the movie **Pretty Woman**. The only wrong which-film answer, which we received from a few people, was **Ghost**. In the end we drew Natalie Ogrodiuk's letter and fired off the deluxe CD package to the lucky Bonnyville 15-year-old.

ENTER TO WIN 1 OF 100 AIR ZOOT T-SHIRTS!

This magazine once had a card that may have fallen on the floor as soon as you picked it up. If it's slid under the fridge, or you just can't find it, then fill out this form after you've listened to AIR ZOOT on one of the following stations:

CATCH SOME AIR!

MONDAYS 9:00pm on POWER 92 FM
9:30pm on AM 106
WEDNESDAYS 9:00pm on 1390 CJCJ
FRIDAYS 3:00pm on CJPR

Out of AIR ZOOT broadcast areas, contact your local AADAC office for program cassettes.

TO ENTER TO WIN, LISTEN TO AIR ZOOT AND KEEP TRACK OF OUR WEEKLY HEARTHROB INTERVIEWS. TO QUALIFY, AT LEAST FIVE HEARTHROB STARS MUST BE LISTED. (WE'VE GIVEN YOU THE FIRST ONE. THAT'S ONE DOWN AND FOUR TO GO!)

WEEK OF:

JANUARY 20
JANUARY 27
FEBRUARY 3
FEBRUARY 10
FEBRUARY 17
FEBRUARY 24
MARCH 2
MARCH 9

HEARTHROB:

Cheap Trick

MAIL COMPLETED ENTRY BY MARCH 20, 1992 TO:
WEAR AIR
ZOOT CAPRI, THE MAGAZINE
403, 304 - 8 AVENUE S.W.
CALGARY, AB T2P 1C2



We pulled into **EDSON'S**
Parkland Composite
High School
 just in time to catch
500 students preparing
 for **WAR** in the
 form of a volleyball
 tournament.

After **HOURS**

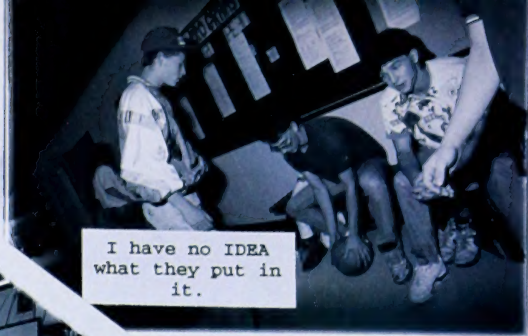
of prepar-
 ation they
 were
 psyched for
 a massacre.

Too bad it
was their own!

The girls' team at
 Routhier Ecole in Fahler
 and the boys' team at
 Bellerose Composite High
 in St Albert came out
 on top in points.

No problemo!

The real point
 was the good time
 had by all!

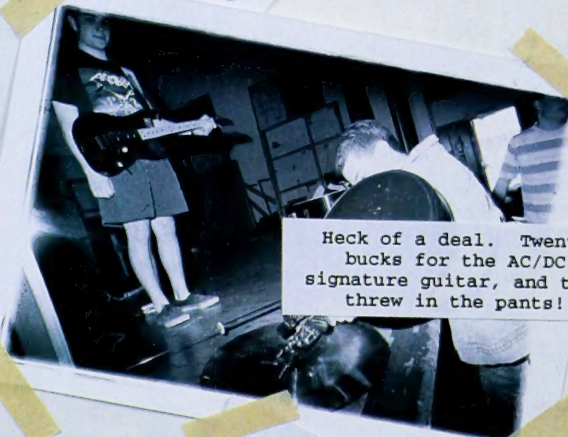


I have no IDEA
 what they put in
 it.

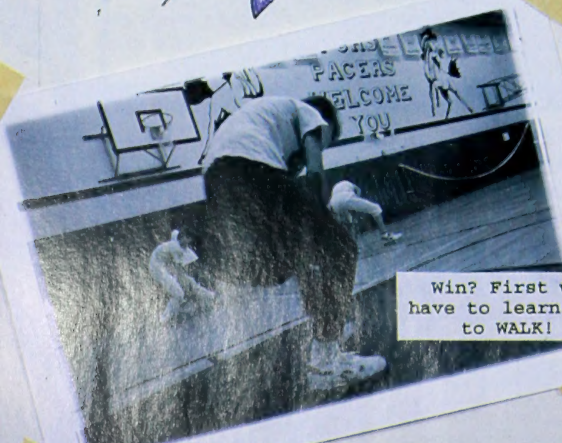


Great. Just a
 little more and
 you'll be
 standing

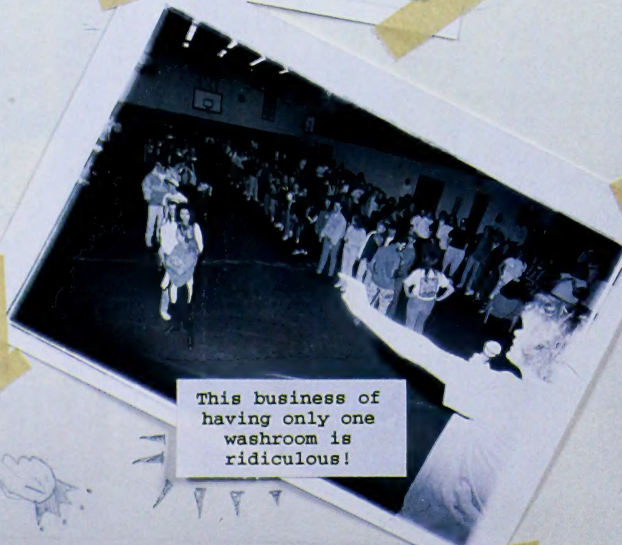
BRE



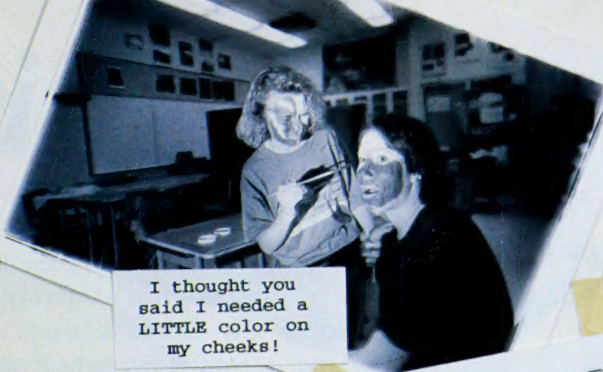
Heck of a deal. Twenty
 bucks for the AC/DC
 signature guitar, and they
 threw in the pants!



Win? First we
 have to learn how
 to WALK!



This business of
 having only one
 washroom is
 ridiculous!

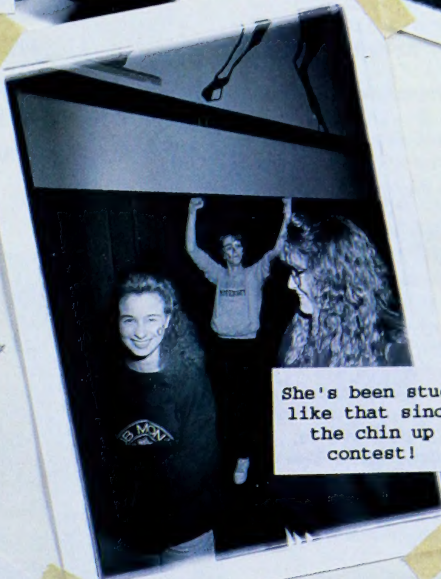


I thought you said I needed a LITTLE color on my cheeks!



Don't look! They might ask us to dance.

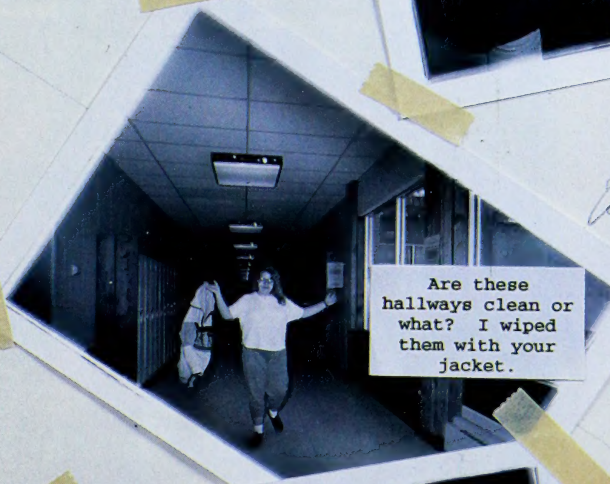
AK



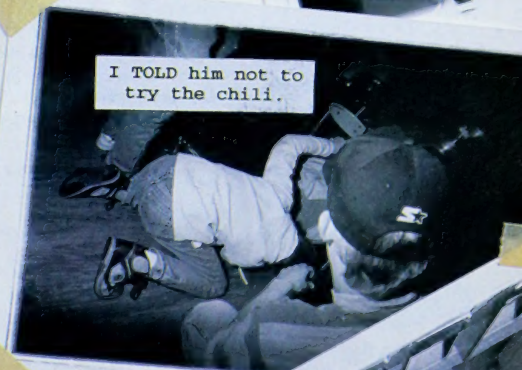
She's been stuck like that since the chin up contest!



Couldn't you just tattoo "MOM" like everyone else!



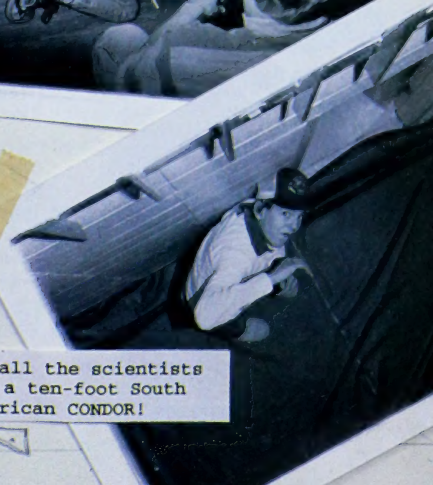
Are these hallways clean or what? I wiped them with your jacket.



I TOLD him not to try the chili.



It was the biggest bird I've ever seen!



Quick, call the scientists - it's a ten-foot South American CONDOR!

quiz

by Laurie Stockburger

1. You think that your favourite magazine has made a glaring error by publishing information that you are pretty sure is wrong. You:

- Fire off a note pointing out their mistake and demanding a retraction.
- Decide that you must be mistaken. A magazine would surely know the facts better than you.
- Do nothing; who cares if everyone else is misled as long as you know the truth?
- Aren't surprised. They can't verify everything and meet the press deadline, too.

2. On April Fool's Day, you:

- Are sometimes fooled by the phoney story they print in the newspaper.
- Are prepared and have gags planned for everyone.
- Whine when your teacher asks you to read all of **War and Peace** for tomorrow, then laugh when you realize she's only trying to make a joke.
- Would sooner stay in bed than have to figure out what's a joke and what's for real.

3. Someone sends you a chain letter which promises great rewards if you send it to ten of your friends, or great tragedy if you don't. You:

- Throw it in the garbage, unconcerned about the curse.
- Follow through, but only because you like to get mail.
- Report it to the police, knowing that chain letters are illegal.
- Get out the stationery and stamps... and start licking.

4. You have just tried on an outfit that looked good on the hanger, but you are not sure about it on you. The smiling salesperson says things like, "you look fabulous" and "that's the way it's supposed to fit." You:

- Bring a friend down to look at it before you buy.
- Ask, "are you sure?"
- Buy it.
- Tell the salesperson that it would look much better on them and they should buy it.

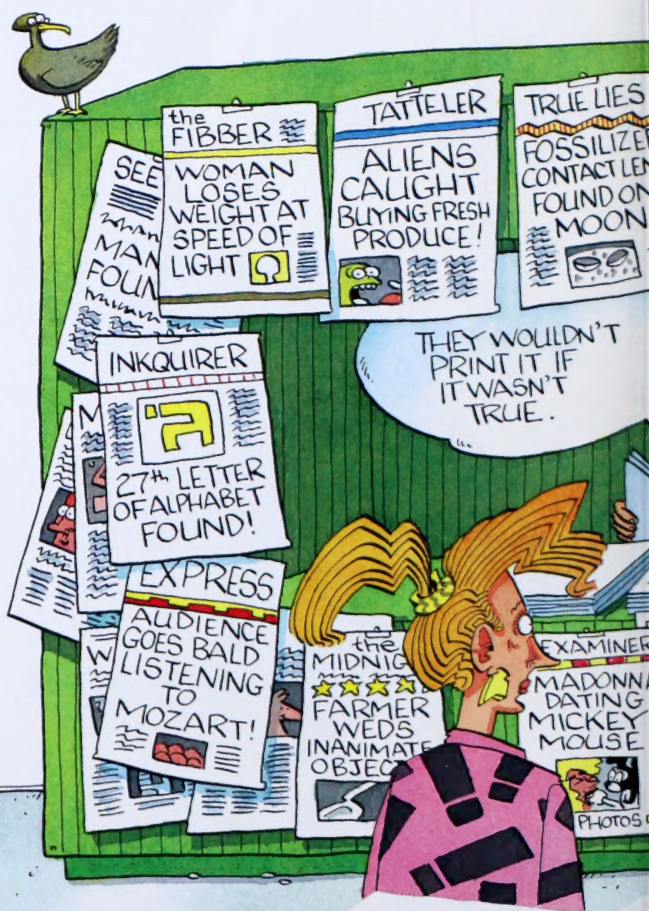
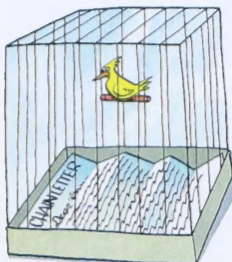
5. Someone tells you a tidbit of juicy gossip from the National Enquirer. You:

- Have no doubt that it's true and pass the dirt on to your friends.
- Don't take it seriously until it appears in a "real" paper.
- Wonder why some people seem to believe everything they read.
- Inform him or her that they shouldn't read trash for truth; it's full of stories made up by people who couldn't get into advertising.

How Gullible

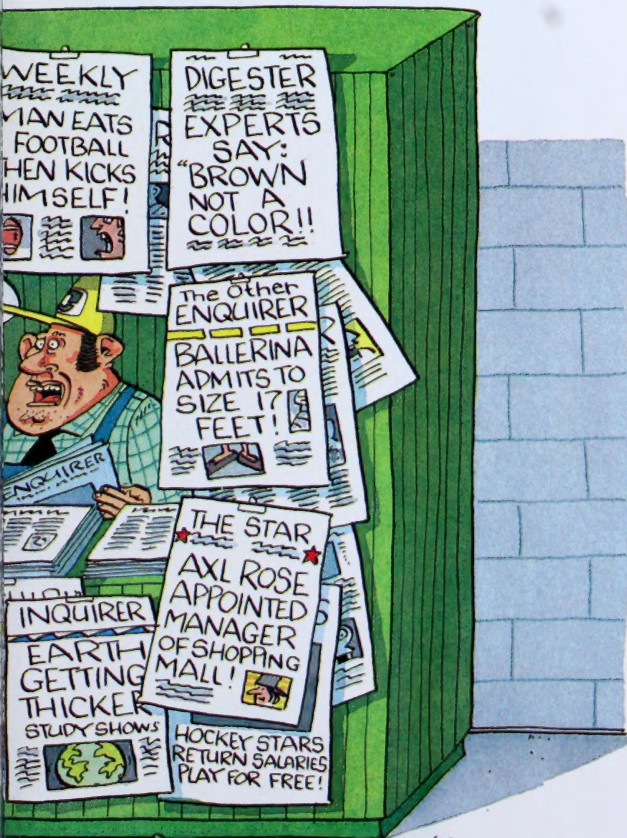
My little sister grew up believing that a bird risked electrocution if its tail touched the electrical power lines. It had to be true...

I told her so. She was very gullible. She believed everything I said. So what about you? If you think that's Michael Jackson's real nose on his face, or if you watch TV programs



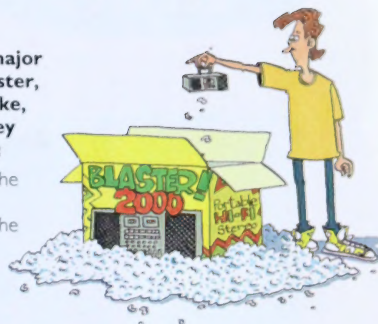
e Are You?

claiming that Elvis is working the check-out at Safeway, DON'T waste time with this test; your evaluation is, "you never lie or exaggerate and you believe that no one else does either." On the other hand, if you do take this test, you'll come out of it much smarter and we will send you a million dollars.



6. Before you make a major purchase (ghetto blaster, camera, mountain bike, whatever) with money you've saved up, you:

- Choose the brand with the best advertising.
- Choose the brand with the lowest price.
- Check out what brands people are using and what Consumer Report recommends.
- Head for the mall. You want it, and you want it now.



7. You are at a party when someone tells a joke that you don't think is funny. As the others are laughing uproariously, you:

- Admit you don't understand it and ask for an explanation.
- Join in the laughter, hoping no one noticed your moment of uncertainty.
- Commit the joke to memory, so you can be the centre of attention next time.
- Realize the joke is dumb, and that those who are laughing are idiots.

8. There's a rumour going around that an abandoned house in your city or town is haunted. You:

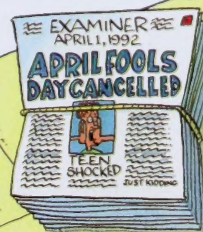
- Get your friends together and stay overnight to see if anything happens.
- Try to avoid the area at night, just in case.
- Scoff at the notion. As if!
- Check the **Yellow Pages** for the Ghostbusters.

9. Your hairdresser got a little scissor happy and you are mortified about showing up at school tomorrow with a shaved scalp. Just in time, a hair product commercial comes on TV promising to make hair grow ten times faster. You:

- Rush out to buy the formula.
- Rush out to buy a hat.
- Change the channel. You don't watch commercials.
- Wonder if "ten times faster" will be fast enough.

Answer Yes or No

- You can be pretty easily persuaded.
- You tend to ask a lot of questions.
- You tend to believe what you are told by people older than you.
- You sometimes doubt things you hear, even if it's on the news.
- People seem to like to tease you, and you aren't sure why.
- You play practical jokes on people all the time.



Evaluation on page 34

W-U-R-D		
1.	1.	1.
2.	2.	2.
3.	3.	3.
4.	4.	4.
5.	5.	5.
6.	6.	6.
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11.	11.	11.
12.	12.	12.
13.	13.	13.
14.	14.	14.
15.	15.	15.
Yes	No	

hot kids



PHOTO BY IAN GRILL

Beckie Scott

At just 17, this cross-country skier is the youngest member of the Canadian National Junior Ski Team. The team actually invited Beckie to join two years ago, but she turned them down. She says she thought school work was more important. Now in grade 12, she spends six days a week training on the trails behind her home in Vermilion and says she loves the sport but, "you also have to be persistent, it has to come straight from your heart." Last year Beckie won the North American Continental Cup, ranking her as best in her age group in North America. Getting to meet people from all over the world is one of her greatest rewards. In March, Beckie will be in Finland, competing in the World Juniors' Event. Although a lot of her motivation comes from her hometown coach, Les Parsons, Beckie says that mostly it's her personal goals that make her work. "Skiing requires a lot of discipline, and without that you can't succeed."

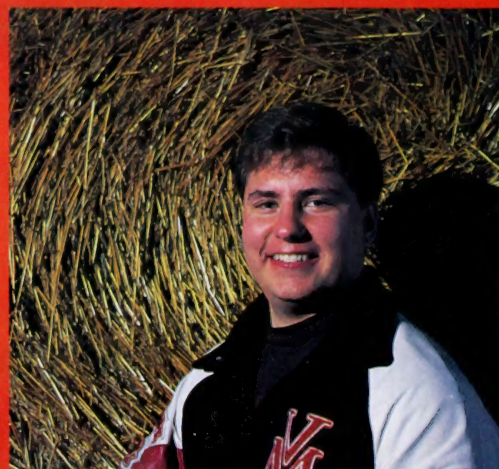


PHOTO BY IAN GRILL

Clinton Wasylishen

While a lot of people are fighting unemployment, this 17-year-old student has never had trouble finding a job. As well as being a writer (Clinton wrote the profile on Beckie Scott), Clinton is an entrepreneur with the guts to go out and get what he wants, job-wise. He and a friend sell computers in their hometown of Vermilion; representing a Vancouver company and earning commissions from their sales. Clinton has also been a paper carrier for the *Edmonton Journal*, and a writer for his community newspaper. He's stocked shelves in a grocery store, pumped gas, and sorted mail for Loomis. Clinton says "I go out and get jobs, I don't wait for them to come to me." It's true. He called ZOOT and asked if he could write for us. We looked at his work and said, "okay." Clinton admits he has ambitions to "be the head of a big corporation," and... he's not doing bad for a start.



PHOTO COURTESY OF BOBBI AUGER

Bobbi Auger

Bobbi's a predictable name for a hockey player, and when people hear it, they usually assume Bobbi's a guy. But when the helmet comes off, most people are surprised to see that this Bobbi is a female. Last year she was one of the leading scorers on Ponoka's full contact, mostly-male bantam hockey team. Bobbi has been playing hockey since she was six-years-old. Now 17, she is the youngest member of the Chimos, an all-women's hockey team in Edmonton. Women's hockey is becoming more popular all the time and may someday become an Olympic event, according to John Kosolowski, the coach for Team Alberta. Bobbi says she'd like to be on the Olympic team one day. Last year, she was on Team Alberta, an all-female group under age 18, and the team to bring a gold medal home from the 1991 Canada Games in Prince Edward Island. There is a difference between men and women's hockey. The female leagues play no-contact. Bobbi says she kind of misses hitting, but thinks no-contact hockey is better, "because contact just slows you down and allows unskilled teams to win by using muscle."



PHOTO BY WENDY JANS

Aly Remtulla

This 16-year-old Calgarian is an all-round talented dude, and those who know him swear that although he seems the model student, he's no nerd. The list of his accomplishments is never ending. For one thing, Aly's a great persuader. Last April he and his partner, Geraldine Teixeira won the provincial debate tournament, winning each round unanimously. Aly went on to Saskatchewan where he won as the top senior high debater in the Prairie Provinces. As a grade 10 student, he beat out mostly grade 12 debaters.

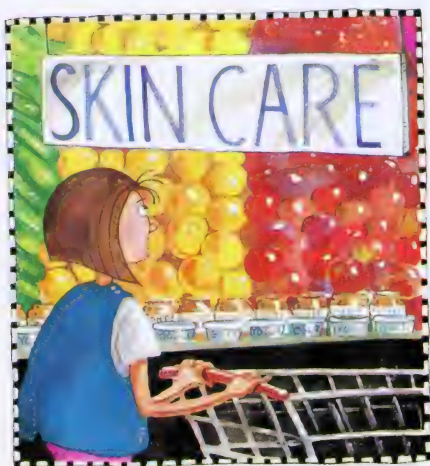
Aly's also an aspiring scientist. He's won the Science Fair in Calgary (the largest regional fair in Canada) for the last three years. This year his Provincial science awards included \$150 cash and a \$500 scholarship. At the nationals in Vancouver he won a gold medallion, two other awards and \$1600 cash. As one of three Alberta Gold Medal Winners, he "did lunch" with the Minister of Science, The Honourable Fred Stewart.

Besides all this, Aly writes articles for the Western Canada High School paper, is President of the Speech Club, Vice-President of the Debate Club, member of the students' council and a singer in the Choir. Aly has us convinced that he's on his way to what he really wants to be: a versatile genius.

by Pat Gomes

Basic Good Looks

The soaring price of skin care products is enough to make you do an about-face! Why pay big bucks for chemical concoctions, when you can make your own remedies? Here are a few recipes for skin care products that cost pennies to make with ingredients that can be



found in your fridge. Since these home made lotions are natural, they should be gentler to your skin than store-bought, but do a patch-test before use to be sure you aren't allergic to these products. Simply apply a small dab of the lotion on the inside of your elbow before going to sleep. If itching or rashing occurs the next morning, don't use the preparation.

Honey Wheat Germ Scrub

This scrub will loosen blackheads from sensitive skin. Use it nightly for one week, and you should see an improvement.

You'll need:

- 2 tablespoons honey
- 2 tablespoons wheat germ (not the toasted kind)

Heat honey slightly; add wheat germ and mix thoroughly. Apply to your face, and rub gently over affected areas for three to four minutes. Rinse off with warm water.

Apple Hair Treatment

This remedy can be used monthly to remove the waxy build-up left behind by shampoos and conditioners. Mix one cup of malt vinegar or white vinegar (malt is better) with one cup of pure apple juice and one litre of warm water. Pour this mixture into an empty shampoo or detergent bottle that has been rinsed-out several times. After shampooing, apply treatment throughout hair and scalp. Don't rinse it out, just towel dry hair, and comb and style as usual.

Muscle Soothing Bath

Here's help for over-worked muscles. Add one teaspoon dry mustard and two cups powdered milk to warm running water. Soak and relax for 30 minutes.

Go Ahead, Make Your Day

Don't skip breakfast! It's important to get some nutrients to your brain after a whole night of fasting. If you're sick of cereal, eat cold pizza or leftover spaghetti instead. Pizza is loaded with vitamins and protein, and pasta provides carbohydrates. A chicken drumstick is also a good idea, as chicken is full of protein.

Laughter Is The Best Medicine

A good howl releases endorphins - the same brain-based stress reducers brought on by exercise. So joke while you jog, and relax!

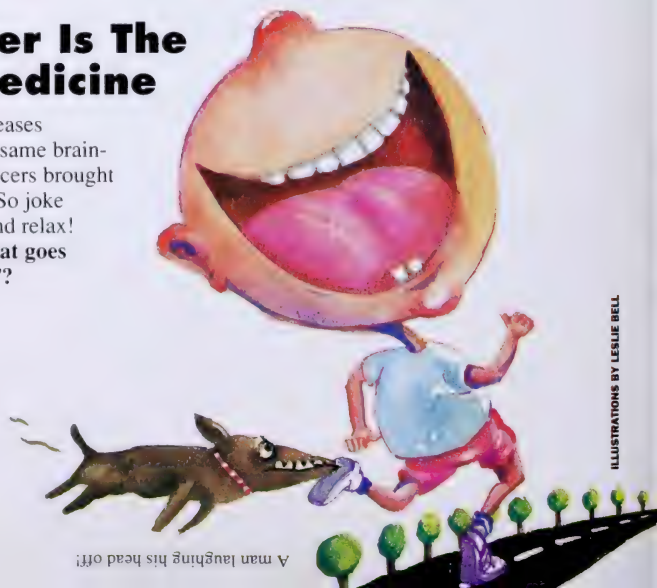
By the way, what goes "Ha, Ha, Bonk"?

(Answer below.)



What's New At The Movies?

Movie stars are "lighting up" the silver screen in more ways than one. **You Magazine** reports that big U.S. ad agencies are paying movie directors up to \$35,000 to show actors puffing a brand name cigarette in a scene or two. Since cigarette advertising has been banned from most media in Canada and the U.S., tobacco companies are desperate to use this sneaky form of selling smokes. Take another look at **Licensed To Kill**, **Beverly Hills Cop**, and even **Who Framed Roger Rabbit**? Cigarettes are advertised in 87% of PG rated films. The idea here is to make kids believe smoking promotes an exciting and attractive lifestyle. After all, if Lois Lane did it in **Superman II**...



A man laughing his head off!

ILLUSTRATIONS BY LESLIE BELL



IT MUST BE TRUE

(I Saw It On Television)

SALE! 50% OFF ALL GOODS.

(We took 50% off the price that we quadrupled, so now you're only paying double!)

UP TO 75% OFF.

(One thing in the store was 75% off, but we sold it 30 seconds after the store opened this morning.)

CONTAINS SCENES AND LANGUAGE THAT MAY BE UNSUITABLE FOR SOME LISTENERS.

(We're counting on this warning to hook you, because the show sure won't.)

90% FAT FREE.

(10% fat.)

NEW AND IMPROVED.

(We're closer to getting it right. Finally.)

PAY NOTHING UNTIL NEXT YEAR.

(Then pay lots.)

MONEY RETURNED IF NOT COMPLETELY SATISFIED.

(We know that 99% of you people won't bother filling all these forms out for a small refund.)

WE'LL GIVE YOU A \$1,500 CASH REBATE.

(We'll give you back a small percentage of our absolutely criminal mark-up.)

ZITS VANISH OVERNIGHT.

(But only in the far north, where overnight is six months.)

JUST 1 CALORIE PER SERVING.

(Serving size: one mini-chip.)

"ONE OF THE TEN BEST MOVIES OF THE YEAR."

(The tenth best movie of the year, in the opinion of the director's second cousin.)

YOU HAVE TO SEE IT MORE THAN ONCE.

(You'll never understand it the first time.)



THE WEIGHTING GAME

"It's the ultimate short cut. You get results in six months instead of two years. The side effects don't show up until later."

- Chris *, 22, former steroid user

ZOOT asked Alberta high school students how they feel about the way they look. More than half of those surveyed said they'd like to be more muscular or firmer and more of a "hardbody."

Teens see lean, athletic-looking types on television and in magazines and movies, and they want to look like them instead of like themselves.

For a lot of people - adults as well as teens - physical appearance has nothing to do with health and fitness. These days, even people who aren't participating in sports want to look as though they're athletes.

"There's definitely the pressure for guys to look big. Wimps get pushed around."

- Dan, 16

ILLUSTRATION BY LESLIE BELL

Some people who are unhappy with their appearance just wish for a better body - as if some miracle will occur to change the way they look. Others get involved in physical activity and changing their eating habits. Some are so anxious to change their appearance - and change it fast - that they're willing to try almost anything. They do things that can lead to serious problems, and can sometimes even be life-threatening.

OVER-TRAINING

In an effort to get thinner, a lot of teens - particularly females - go on diets. A few get so compulsive about food and eating that they develop eating disorders called bulimia and anorexia nervosa. (Look for more on this in our Spring issue.) Teens who develop addictions to being thin can make themselves sick, and can even starve themselves to death.

As well as cutting back on food, some people undertake killer exercise programs; jogging for miles every day, or lifting weights for hours. Although a reasonable amount of exercise is good, too much of it is not. Exercise can turn into an obsession, created by one's dislike of their body. When a half-hour workout creeps up to an hour, then to an hour-and-a-half, and still doesn't seem like enough, this person could be addicted to exercising and need help to come to accept themselves as they are.

The bodies of people who overtrain have ways of telling their owners that they're doing something unhealthy. In females,

menstruation may stop. In guys, testosterone levels can go down. Testosterone is the male sex hormone, so boys who overtrain risk a delay in puberty. The bones of both male and female teens who overtrain on a regular, long-term basis may never reach their potential mass: these teens may never be as tall or as strong as they would otherwise have been.

"Males have always wanted to get big and strong. Before steroids, there was Charles Atlas."

- Ryan, 16

STEROIDS

Some teens can't stand to think about all the time and work it's going to take to create the hard, athletic bodies they want so badly. They've heard that there are substances they can take to help them get bigger muscles right away. They figure they'll feel more confident if they look more muscular.

"I started steroids when I was 19. I'd been working at body-building for three years by then. Before I started, I read a lot about steroids and I talked to doctors. I found one doctor who said 'I don't approve and I won't give you access to steroids. But if you use them, I'll keep an eye on how your body reacts.' So I knew what I was doing, and the circumstances were carefully monitored. Within a month of starting steroids, I could see a huge difference in my body. The changes were so great, they were unnatural-looking."

They were obviously unhealthy. I stopped steroids less than a year after I started, because of pains in my side. Now doctors have detected an abnormality of my heart. It's not a big deal, but it's probably caused by the steroids."

- Chris

Most kids who use steroids know that there may be side effects. They've heard about Lyle Alzado, who claims his terminal brain cancer was caused by steroids. They know all about Ben Johnson. They've heard about Terry Long, who tried to commit suicide after being thrown out of the NFL for steroid use. They know that use of these substances is banned in competitive sport. But they're so unhappy with the way they look that they prefer to ignore the bad news.

"Some kids seem to think they have to look a certain way - bigger - to get into certain groups. They don't think about the downside of steroids, I guess."

- Tobin, 17

Some studies indicate that as many as 6 to 10% of high school students are involved in steroid use. (Most are boys - who are an estimated 100 times more likely to use steroids than girls.) Less than half are trying to improve their athletic abilities. The rest are only interested in improving their appearance. Anabolic steroids have legitimate medical uses, but there's very little research

Promises, promises

A lot of gyms and body-building magazines promote "nutrition supplements" and "vitamin supplements" as though they were magic drugs. "Get big now," promises one ad. "Gain up to 20 pounds and more," reads another. "Measure your phenomenal progress."



A recent issue of one body-building magazine featured an ad for a concoction which included branched-chain amino acids, Royal Jelly, trans-ferulic acid and glands. (Glands? Yech!)

Medical and sports experts, like Dr. Dan Syrotuik of the University of Alberta, say such supplements lack body-building capabilities. All they enlarge are the advertisers' bank accounts.

indicating that they improve performance in athletes.

Anabolic steroids may contain testosterone, the male sex hormone and similar drugs. They are used in medicine to build tissue in patients with illnesses which cause their bodies to deteriorate. They are also used today to treat certain athletic injuries. Anabolic steroids increase muscle mass which may increase strength. They also cause weight gain.

And they can cause unexpected side effects, some of which can't be undone even by quitting steroids. Acne is a common side effect along with moodiness. Some steroid users get depressed and some get aggressive. The aggressiveness, which can lead to violence in a small percentage of cases, is known as "roid rage." It affects about one out of every eight users.

"I wasn't hitting anything, but I was temperamental. I'm normally the most easy-going guy in the world. It took two weeks to get them out of my system."

- Chris

Males who take steroids may notice their testicles shrinking and breasts developing. Females may develop male characteristics like facial hair and

deepening voices. Premature baldness and higher-than-normal cholesterol and blood-pressure levels are common negative effects experienced by some steroid users. Long-term side

effects can include liver and kidney damage, and even death. Steroids aren't physically addictive, but they are hard to give up once you've started them.

Because steroids reduce the body's natural production of testosterone, males who stop using them feel weak, actually become weak. They start to lose muscle, tone and weight. Then they get depressed, and they often figure the only way out of the depression is to get back on the steroids.

Then there's the cost. Steroids can run between \$10 and \$30 per day. And since these substances can't be bought legally, users can never know for sure what they're getting. Substances sold as steroids on the street have been shown to contain veterinary medications and placebos (which means that they do nothing). Police reported to *The Calgary Herald* that some kids injected peanut and cooking oils into their bodies, thinking the oils were steroids.

"There's this substance which is prescribed for horses at a dosage of one cc per thousand pounds per week. Some hundred-and-sixty-pound steroid users are taking two cc's of it a day."

- Chris

Finally, since sterile needles aren't widely available, all the problems connected with shared needles - the risk of hepatitis, and even AIDS - add to the list of potentially dangerous and even fatal side effects of steroid use.

"The stupid thing is that some of these guys use steroids to try to be more attractive to girls. But if the girls find out, they'll have nothing to do with them."

- Gitane, 16

Dr. Dan Syrotuik, Director of Research and Sport Services in the Department of Athletics at the University of Alberta, asked a group of 15 to 17-year-olds at a summer sports clinic how many thought they could get steroids if they wanted to. All of them said they could. But most wouldn't. A lot of teenagers believe that winning on steroids is not really winning at all. A lot of them are staying away from nicotine and drugs of any kind.

"We think about the effects of the greenhouse effect and arms control on our futures. And we need to think about the effects of steroids on our bodies. It's only been 20 years since the use of steroids in sports has been studied, and now we're seeing the effects on long-time users, like Lyle Alzado and Tom Platt."

- Chris

People who get regular exercise have more energy, are less depressed and - yes - they do look better. But there will always be people who take a good thing and make it bad: no matter what the risk.

The "Big" Alternative

● **Focus on your eating habits.** As people have been telling you forever, healthy, well-balanced diets build strong bodies. Stay away from exotic and starvation-type diets. If you have a weight problem, talk to your doctor or a nutritionist.

● **Exercise doesn't have to be boring or exhausting.** If you're not into team sports, try swimming or skating. There are lots of ways to tone muscle and have a good time at the same time.

● **Get advice and assistance from a professional trainer.** If you're interested in muscle-building on a serious basis, the local Y or a high-school or university athletic department can help you plan a workout schedule.

● **No training program can change you overnight.** But time, consistency and effort can change the way your body looks. Natural workouts will never make you look like a steroid user - but maybe that's not the way you want to look anyway.

"Nobody in his right mind is going to go up to a steroid user and advise him to get off them. You want to get smashed into a locker?"

- Ryan

STOP

The problem with art is,
it winds up in art galleries.

interview

by Dave Jacox

Why Don't We Do It In The Road?

Why don't we do it
in the road?
No one will be
watching us...Why
don't we do it
in the road?
- John Lennon

Robbie Conal is a 'street artist' who uses his talent to motivate the public rather than impress the critics.

Robbie is not just a graffiti fanatic armed with a spray bomb and an attitude. He's concerned and determined to motivate ordinary people who may feel powerless to realize that they are entitled to take a stand and have their say, too. Many of the very powerful aren't Conal fans. Many of them fear the logic of his statements and the courage of his convictions. On the other hand, Robbie's use of what he calls "unsanctioned media" is so effective in reaching a mass audience... he does it with such basic respect for the rights and property of others... that even the City of Los Angeles has asked him to address issues of human rights on its behalf.

Can we get some of your thoughts on kids and personal expression?

Part of the charm of what I do is that it doesn't depend on anyone else but me and maybe a couple of friends to go out in the middle of the night and just put in the time... which is the only thing we have available. If you have access to a good photocopier and any skills at all, putting words and images together about something you think is important... whether it's about school or your community, there's nothing stopping you. You have to really feel that it's something important and not just go around littering like crazy; you have to be responsible. I'm interested in getting people to think, and also I like to provide them with a little bit of humour.

Who do you use to help you put up your posters?

Volunteers. Friends and friends of friends. People just find out about it and call. It ranges from teenagers to movie stars. Let's open up the streets for a really meaningful dialogue about issues that are important. Heaven forbid you should agree with me, but express your own opinion. I'm concerned about abuses of power. Media power. Educational power. Teachers have an incredible amount of power over students. Parents have a lot of power over children; it can be abused.

In terms of the audience or my work, if I can entertain both Bart Simpson and my lawyer, I'll be really happy.

What was your relationship like with your parents?

My parents were great. They let me run the streets pretty much, and we're not talking about the streets of Thud, Kansas; we're talking about Manhattan. If you're a kid growing up in New York, it's this fantastic playground. I thought it was terrific.

How does street art happen?

The biggest part of the process for me is deciding on a topic. Once I do, I put in a lot of time getting images, getting the art together. It takes me at least a month to actually paint the picture and come up with a text that I think is working or useful. Then we start to translate it into a poster or some other public form.

What kind of trouble do you get into?

The first time I ever did an actual commercial billboard, it involved negotiations with guys with pinky rings and cigars. They rejected a couple they thought would be offensive, then they finally okayed one because they didn't understand it.

What's the feeling when you go to put up a poster?

The nights when we go out and hit the streets, I'm really nervous. And the reason I'm so nervous is because I feel responsible for all my troops. I want everybody to have a good experience. It's a strange time in the middle of the night... for 15-year-olds or for anybody. You just do your best.



STOP

THE GREAT ZOOT "Nice Ads"

As a member of a huge and generally well-heeled group of consumers, teens are hit with commercials everyday for everything from breakfast cereals to television serials. So, what's the deal? Are these

POLL

Researched By Jacalyn Soo

media merchants getting to you with their messages? Or are you really the immune-to-the-hype type you claim to be? Our poll looks at who you believe and who you're bored by.

ADS YOU LIKE

"Any Michael Jordan commercial, especially ones for Nike shoes."

- Joel Tennison, 14, Edmonton

"I like the Levi's commercial where the guy walks into this weird work place and turns down the job because they won't let him wear his jeans. The music is great and the guy is sexy."

- Alison Harris, 15, Okotoks

"The Diet Pepsi series with the future woman is cool and grabs your attention with good visual effects."

- Paula Kirman, 18, Edmonton

"The Pepsi commercial with Ray Charles. The saying 'You Got The Right One, Baby' is good."

- Mary Johnson, 15, Barrhead

"Doritos 'Bob' is funny, and no one knows who Bob is."

- Brandi Iverson, 17, Calgary

"Fido Dido - the one where he erases the colour bars on the TV screen and grabs the green one. It has character."

Christopher Stewart, 18, Edson

Big winners in the "Ads You Like" category were Pepsi and anything with a basketball player or Bo Jackson in it.



ADS YOU HATE

"The moo cows dancing on stage, wiggling their butts. It phases me that they expect us to believe cows would do this."

- Francis Soanes, 16, Edson

"The Cornflakes commercial where the girl's nose grows longer as she lies. It's annoying."

- Richard Farr, 16, Calgary

"Richard Simmons' 'Sweat into the Oldies' workout video commercial. He's like Kermit the Frog."

- Jon Tupper, 17, Edmonton

"The Sudafed commercial where the man and dog are running through a field of flowers is too unbelievable. The guy has an allergy attack, takes Sudafed and is suddenly cured. This is annoying and besides that they run it too often."

- Jason Nolan, 15, High River

"Sears commercials run too often - sometimes even twice during one break. The stupid jingle sticks in my head, unfortunately."

- Brian Nguyen, 14, Edmonton



Growing noses, screaming announcers and commercials that air too many times top your list of ads you hate.

"We'll have
what they're
having."

Companies pay a lot (like, millions) to use celebrities in their ads. According to you, it's a good investment. Famous folk who would encourage you to buy a product include:

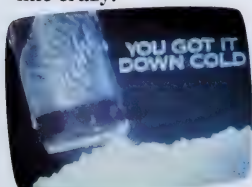
- ★ Kevin Costner
- ★ Michael Jordan
- ★ Madonna
- ★ Vanilla Ice
- ★ Bo Jackson
- ★ Jean Claude Van Damme
- ★ Sean Connery
- ★ New Kids On The Block



Of course, the credibility of a celebrity depends on the product they're advertising. (The New Kids for Lifecall? We don't think so.)

AD FACTS:

- The Pepsi commercial with the blonde, futuristic woman is aimed at teenagers, and is working like crazy.



- Beer commercials are not allowed to show people actually drinking the beer, and food must always be shown.
- Call the Coke hotline at 1-800-GET COKE with questions about Coke

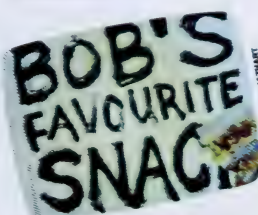


products or services. It's the first hotline set up by a Canadian soft drink company.

- It will soon become sensible NOT to advertise being "Green." Instead, all products will be assumed to be green.
- Advertisers try to have commercials fit the program. Nabob bought time during *Twin Peaks* as

lots of coffee was consumed in the program.

- Advertising expenditures in Canada totalled over three billion dollars in 1989.
- It costs \$300,000 to run a 30-second commercial across a U.S. network during *The Simpsons*. \$10,000 a second? No problemo!



- Pepsi is testing two extra-caffeine colas in the U.S. Pepsi AM and Diet Pepsi AM have 30% more caffeine than normal Pepsi.



You get the idea. Persuading you to part with the coins in your pocket is Big Business!



PHOTOS BY JAM GROLL

Enter Our Most

Excellent Contest Ever!

Sun Ice, Sport Chek and
ZOOT Capri Proudly Present...

"YOU'RE-PERFECT- FOR-THE -PART"

A Weekend Snowboarding
Adventure For Two

You and your best buddy
could win:

- Transportation to Nakiska, 2 nights accommodation, lift tickets and meals;
- Complete snowboarding outfits and snowboards;
- Video of the adventure;
- Lessons from a pro!

The Prizes:

It's a weekend for two on the slopes at Nakiska, courtesy of Sport Chek and Sun Ice. Before you hit the hills, Sun Ice will outfit you and your buddy from head to toe in the very latest gear, including state of the art Kemper Snowboards. Sun Ice will see that you look perfect for the part, and Sport Chek will provide two nights accommodation at the Lodge at Kananaskis, two days of lift tickets and all your meals. Transportation from where you are to where you wannabe will be provided and a ZOOT representative will come along to cover all your moves. And... Sun Ice will professionally videotape your adventure. Sport Chek will also provide 15 runner-up prizes consisting of \$15 gift certificates redeemable at any Sport Chek location.

The Pro:

Sport Chek has invited snowboarding pro *John Bing* to join you and your buddy for one day as your instructor and fellow snowboarding adventurer. He will have you both powering half-pipes and carving cutbacks in no time.

A complete Sun Ice/Kemper snowboarding wardrobe, Kemper

snowboard and the adventure of a lifetime captured on a professional video are yours to keep!

How To Enter:

It's as simple as falling off a lip. All you have to do is describe the most-excellent adventure you and your friend have shared together. Simply type (or neatly write) all the details on two pages or less or, if photos tell it better, show us your adventure. Include your name, age, address and phone number. Drop off your excellent entry at any Sport Chek location and become eligible to win a part in the most excellent adventure ever!

The Judges:

Representatives from Sun Ice, Sport Chek, and ZOOT Capri will review the entries and select the winning pair of future snowboarding and silver screen superstars.

Entries close February 15, 1992 so drop off your greatest adventure at any Sport Chek location or mail it to ZOOT Capri, The Magazine now!

Winners will be notified by telephone on February 20, 1992 and the prize will awarded in March.

Hurry and bring your entry to any of the following **Sport Chek** locations:

Calgary

Avenida Place (428, 12445 Lake Fraser Drive S.E.)
Richmond Road (3737 - 37 Street S.W.)
Sunridge Mall (3320 - 20 Avenue N.E.)

Edmonton

Yellowhead (8212 - Yellowhead Trail)
West Edmonton Mall

Or Mail To: PERFECT!

ZOOT Capri, The Magazine
403, 304 - 8 Avenue S.W.
Calgary, Alberta
T2P 1C2

Sun Ice

Sport Chek
Wet for serious

All entries become the property of ZOOT Capri and may be published in future issues. Entries will not be returned unless clearly indicated and accompanied by a self-addressed, stamped envelope.

Contest open only to Alberta teenagers ages 12 to 18.

Winners will be announced in the Summer '92 issue of ZOOT.

GREAT JOBS IN THE MEDIA

When you're planning what you're going to do for a living in a few years, you don't have to rely solely on the advice of parents and teachers.

There are a lot more choices out there than doctor, lawyer, plumber or teacher. Open your mind and you open the doors to whatever you want to be. Check out the next few pages for all the latest on the jobs "behind-the-scenes" of your favourite movies, magazines and television shows.

by Portia Jorgensen

FX4U?

PHOTO COURTESY OF MIKE VERINA

He was the kid who took his brother's cars apart to see how they worked. Now, at 29, Mike Verina is the special effects wizard behind such films as **White Fang**, **Stakeout**, **Short Time** and the upcoming feature **K2**. In addition to squirting slime out of huge syringes for those sticky scenes in the **Fly II** (Mike's personal favourite), or creating snowstorms in the middle of summer, Mike is responsible for rigging stunts and ensuring the safety of the crew and performers.

In this job creativity is restrained by finances. Mike has to please an audience visually as well as please the producers economically. There's constant pressure to deliver ever-more amazing effects these days, especially if you want to compete with films like **Total Recall** and **Terminator 2**.

JOB TIPS:

Mike says that being a jack of all trades (like welding, carpentry and plumbing) helps. Other plusses include having a good business sense, being a great communicator and loving long hours.

CHECK IT OUT:

- FX
- FX2
- The Stunt Man
- Terminator 2
- Total Recall



SHOW & TELL

Barbara Chomos, a unit publicist for films including **Knight Moves** and **Pure Luck**, says ever since she can remember she's had a

pen in hand writing journals. Her wordsmithing abilities have led her to writing actor biographies, publicity pitches and behind-the-scenes stories. The main part of the job is acting as the liaison among the studio, the press, and the actors. You have to be a great salesperson in order to get the press to cover the film, and it's even more difficult to get some actors to give interviews. Mel Gibson and Robert DeNiro won't even talk to the press until after the filming is done. Barbara figures out how the film should be presented to its potential audience. Then it's go generate interest with the newspapers, magazines, entertainment shows, and the public.

Barbara's favourite part of the job is meeting famous people and learning secrets... like the beauty tips of Isabella Rosselini, "she breaks all the rules, and is very sweet." So if you don't want to blow your own horn, become a unit publicist and blow someone else's!

JOB TIPS:

"Infectious enthusiasm" is a good thing to have in the publicity business, even if it means appearing very excited about a near miss. You have to walk a fine line between "what you want to say" and "what they want to hear."

CHECK IT OUT:

- Tootsie
- Goodbye Danny Rose
- Nashville
- S.O.B.

RIGHT ON TRACKS

The very words "music composer" ooze mystery and excitement. Amin Bhatia describes his job as designing music to accompany a movie. He usually receives an early-edit video tape from the movie production company. Then he sits with his keyboards and synthesizers, combining technology and creativity to create the soundtracks for films such as *Iron Eagle II*, *Cafe Romeo* and *The Ray Bradbury Theatre* (for which he won an award for best music on a TV series). He's worked with David Foster, Toto, and Elton John. Amin is quick to point out that most of the "pros" are real nice people.

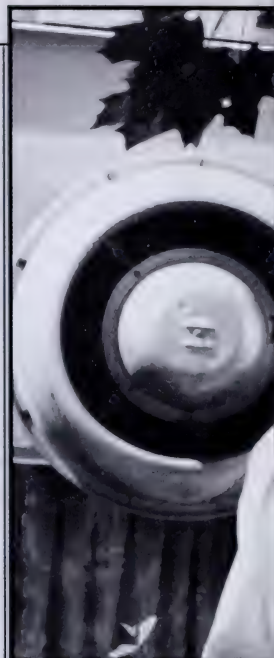
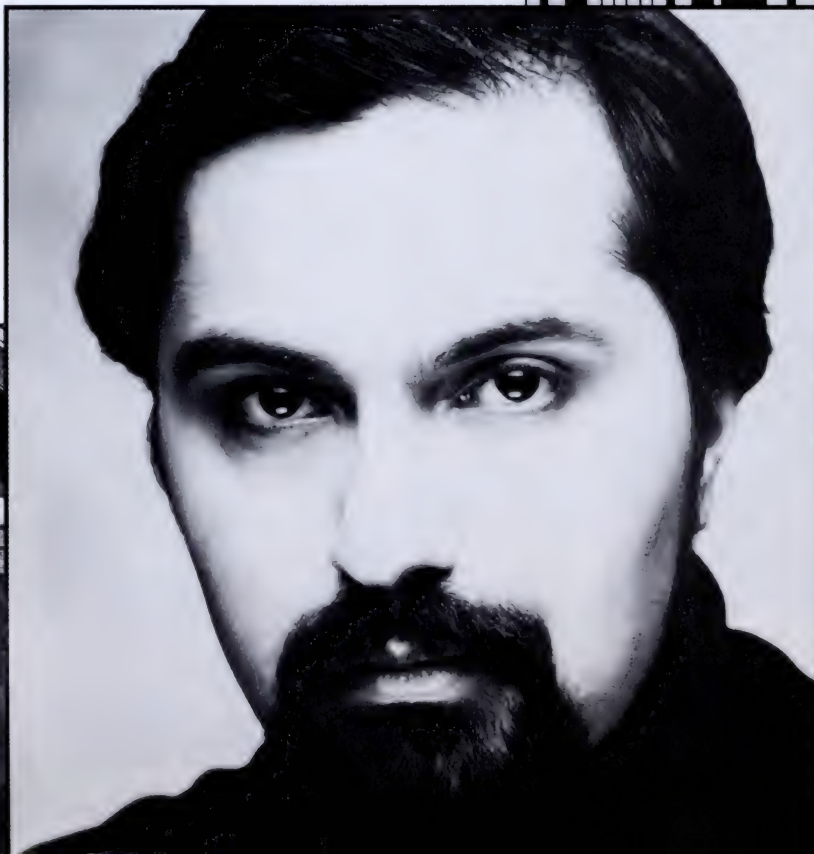
JOB TIPS:

Amin's advice is to be crazy. Be passionate. Go to lots of movies. Listen to the music. Learn how to do it yourself and experiment at home. Start on student films and documentaries. Above all, do it because it's fun... not because there may be a lot of money.

CHECK IT OUT:

- Blow Out
- The Conversation
- Wild At Heart
- 2001

PHOTO COURTESY OF AMIN BHATIA





YOU LOOK MARVELLOUS!

Few people get closer to the big stars than the hair stylist and make-up artist. Thirty-one-year-old Kandace Loewen creates the looks that make women cut their hair to look like Julia Roberts. Her job is to develop a suitable look for the character; young, old, tidy, messy, casual or dressy. In this position Kandace forms very strong ties with actors. They have to feel secure with her work. She says there's nothing worse than when an actor asks for a mirror. Then you know there are problems. Kandace got started on her way to the bright lights with a job on the hit feature *Look Who's Talking, Too* and a TV movie called *Silent Motive* with Patricia Wettig and Mike Farrell. She just finished working with Harrison Ford on a car commercial... her favourite assignment to date.

JOB TIPS:

Kandace trained under the artistic director from Vidal Sassoon. She taught herself how to apply make-up, and started out in high fashion photography as an assistant make-up artist. This stage was important because she was able to put together a portfolio of published photographs, and she also met people in the industry who got to know her work.

CHECK IT OUT:

- Shampoo
- Steel Magnolias
- Eraserhead
- Edward Scissorhands



WANNA BE A STAR?



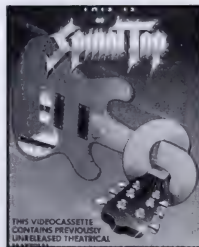
Nancy Jeffries started out as a singer in a band, opening for The Doors, The Mothers of Invention, Santana and The Allman Brothers. This gave her a good look at what being a recording artist was like and also introduced her to the business of making records. She found what she really liked was the entire process of putting an artist in the record stores. She became an A & R person. A & R stands for Artists and Repertoire. This particular department determines which artists will be signed, how much will be spent making their records, what will be on the records and when they will be released. In a way, A & R people are talent scouts. She recalls the time she was in Montreal checking out a band as a favour to a friend. They were awful, so she escaped to another club where Colin James happened to be performing. She signed him on the spot.

JOB TIPS:

Instead of picking up the phone and saying "I want to be an A&R person," pick up the phone and say "I want to work for your company." People may be more receptive to you. Nancy thinks it's stupid to turn down a job because you feel it's below your status, because no matter how low that position is, if you're good someone will notice that you're good and you'll move on.

CHECK IT OUT:

- Spinal Tap
- One Trick Pony
- The Idol Maker
- The Commitments



ANIMAL SHOW

Gerry Therrien is an owner and trainer of exotic and indigenous animals for films, live performances, TV series and commercials, including **Bird On A Wire**, **The Fly**, **Adventures in Babysitting** and **Aida**.

There is a great demand for animals accustomed to performing in front of lights, people and equipment. It's not a matter of whether the animal can do it or not, but whether the animal can do it in front of the camera at the right time.

Gerry specializes in full-contact training; he is always touching the animals, lying down with them, and kneeling down in front of them. He is the only full-contact trainer in the world besides the man who trained him. He believes in positive reinforcement when training, instead of the use of whips and chairs popular in circus training. He stays behind the scenes, using hand and voice commands to motivate, and letting his animals take the applause.



Gerry started training animals because it was such a challenge. "Every animal is different, every job is different." Gerry now makes Hinton his home. His "Northern Animal Exchange" also has a compound in British Columbia. He's also helping the government study bear migration, and he's in the process of building a theme park in Jasper, Alberta.

JOB TIPS:

Gerry's advice for potential animal trainers is to study animals and never take them lightly. This is serious stuff. It takes years and years of training. To start, work with your family pet. Be patient, and don't do it for the money; do it because you love it. Make your own decisions and don't let anyone tell you that you're wrong... just different!

CHECK IT OUT:

- The Bear
- Turner and Hooch
- Jonathan Livingston Seagull
- The Birds



Cool, Refreshing



Ice T

ICE T WON'T TELL YOU HIS AGE OR REAL NAME. HE WAS BORN IN NEWARK, NEW JERSEY, GREW UP IN LOS ANGELES AND SPENT MUCH OF HIS YOUTH IN GANGS AS A HUSTLER AND THIEF. ICE T HAS COME A LONG WAY SINCE HIS EARLIER DAYS, WITH SEVERAL ALBUMS OUT INCLUDING HIS LATEST ALBUM O.G. WITH NEW JACK HUSTLER FROM THE NEW JACK CITY SOUND TRACK. (ICE T PLAYED A NARCOTICS OFFICER OUT FOR REVENGE.) A CONFESSED MEATATARIAN AND FRUIT PIE-AHOLIC, ICE T TALKED TO ZOOT ABOUT LIFE, CAREER AND MONEY ON A SUNNY THURSDAY AFTERNOON. YOU ALREADY KNOW WHAT HE DOES. WE FOUND OUT WHO HE IS.

On your new album you say, "You got to get out." What do you mean?

You have to mentally escape the barriers put on you. You're in this neighbourhood, this is where you want to stay. I tell kids that nobody lives in a ghetto by choice, nobody moves there by choice. You have to want to leave. Want to go skiing, want to go hiking, want to leave that neighbourhood. That's a mental barrier that a lot of black youths and a lot of poor people have to break through. They think that their world is on that street. In order to get out you are going to have to get your education together. Go to school, build your brain.

What else have you done to help people or encourage them?

I'm attempting to show people that somebody from my background, who isn't supposed to be anywhere but the penitentiary, can succeed.

Can you set an example without selling out?

Selling out is selling dope. You're playing right into the hands of the people who want to keep people oppressed. I tell people, "Look, just because you're down now, that doesn't mean you have to be down forever." Obtaining wealth, as long as you're obtaining it to help others... there's nothing wrong with it. If you want to wear a gold chain because you like gold, then that's a great thing. If you want to wear it to make your friends feel inferior, then you're a jerk.

Is intelligence a key to getting someplace?

You can be intelligent and still end up in trouble. Lots of kids get caught out there not understanding the reasons behind things. They don't understand the laws, they don't understand why you go to jail, they don't understand what dope does to your body. They are not intelligent in that sense.

Tell us about the syndicate you started.

Basically, the syndicate is more or less built for people I consider incredible artists. Coming to me, they've got to be the greatest.

Can you tell us what musicians you have who are going to be on the market soon?

We've got **High Jack** coming out of the U.K. **Donald D** has a new album coming out. I signed a kid named **Lord Finesse**, he's coming out on Giant Records. He had a record out on Wild Kids. Now he's signed to us. **Divine Styler** will be back. You have a group called **Dream Warriors** up there in Canada. **Divine** is more or less on their trip. The closest you'll ever find people is in music. That's when people cross all these different barriers. That's why I deal in the realm of music and show business as a whole. People kind of tend to blend across.

Are you going to stick with music, or move into anything else like directing or more acting?

I'm moving into everything. I'm trying to do everything. Acting... I'd love to direct if I had the time, I'm not setting up any barricades. To be a singer and say I don't want to act, what is that? Every obstacle I cross shows someone else out there that they can cross another obstacle.

Do you do a lot of other things in your personal life?

To be honest, at the level I'm at right now, there's very little personal life. All work, all day. I do interviews today. I was here at nine this morning and I'll be here until eight tonight. Tomorrow I've got to edit videos all day. The next day we are going to do a concert. Your personal life usually consists of sleeping. You want to do this though, it's what you asked for.

I have a few personal questions, so that our readers can know more about the actual person instead of the product. Your favourite food or movies?

I eat a lot of ham. I eat oatmeal cookies and milk, chocolate-chip ice cream.

Health food is out, then?

I'm a meat-a-tarian, I don't eat vegetables. The closest I come to vegetables is lettuce and tomato... and maybe some corn.

How about your favourite movie?

You can live on fruit pies, man.

Favourite movie?

... and corn dogs!

What's your favourite movie?

The Terminator.

Yeah?

Isn't that everybody's favourite movie?

Pretty much. What's the secret to long term friends? You've had friends throughout your success, are they still your friends?

I put them before everything.

So success hasn't changed anything?

I've got five to eight good, good friends. I bring them real close to my work so that they see how hard it is and they learn to respect it.

What's the worst advice you've ever had?

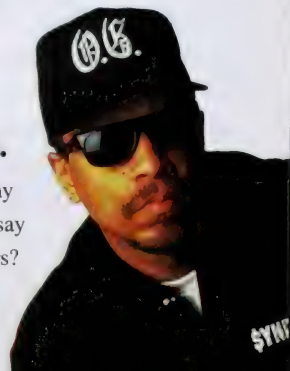
To join the army.

And the best advice?

The best advice is don't underestimate yourself. Don't play yourself cheap. Meaning, basically, set high goals. If you get the same advice from a lot of people, it's usually good advice. Like, go to school, get an education. A lot of people always say that because that's good advice.

"Join the army" posters are all over the place, though.

You don't hear anyone telling you that, though. No one would say that to your face. You've never had anyone come up to you and say "Hey, go join the army." That's stupid. Who makes those posters?



MEET THE MINDS BEHIND

Seldom seen and seldom heard elsewhere, but coming through **LOUD AND CLEAR** on **AIR ZOOT** are the invisible movers and shakers behind the people and things you see in the spotlight. These silent partners are at least as interesting as the high-profile performers and projects they represent. For example...

COMING UP...

March 2



The Minds Behind Mad magazine:
Editors Nick Meglin and John Ficarra



John: "There's always a buffoon in the White House saying something stupid for us to make fun of. There's always a bad movie, or bad TV show that needs to be shot down."

"No matter where we are, we are thinking of Dan Quayle jokes. You can't help it. He supplies you with all you need. We are willing to take on the sacred cows that people think can't be taken on."

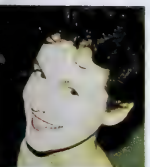
March 9



Jane Pratt, Editor and The Mind Behind Sassy magazine:

"I really feel like I know what it's like to be a teenager. I went through a time when I was

not very popular and didn't have many friends and didn't have boyfriends. When I'm putting the magazine together, I'm thinking of that Jane Pratt."



STREET TALK

Turn up the volume on issues that matter.

No more whispers, no more rumours. Through our hotline teens like you talk about what it's like to be pregnant, have alcoholic parents and how they feel about animal rights and UFOs.

IF YOU HAVEN'T TUNED INTO



ALBERTA'S HOTTEST RADIO PROGRAM FOR TEENS, LISTEN TO WHAT YOU'RE MISSING!

CATCH SOME AIR!

MONDAYS

9:00pm on **POWER 92 FM**

9:30pm on **AM 106**

WEDNESDAYS

9:00pm on **1390 CJC**

IN MEDICINE HAT

FRIDAYS

3:00pm on **CJPR**

IN BLAIRMORE

Out of
AIR ZOOT
broadcast areas,
contact your
local **AADAC** office
for program
cassettes.

HEARTHROB

is a special segment of this weekly half-hour look into teenage life. It features the music and opinions of artists who have more than something to sing. Stars like Bryan Adams, Sass Jordan, and Colin James talk about where they came from, how they got to where they are and what it's like to be there.

COMING UP...

January 27

Hearthrob **Kevin Kane**, singer, guitarist and songwriter for **THE GRAPES OF WRATH**



"Just about everything has influenced us in some way or another. Being away from home definitely changes you. The world becomes a smaller place, it becomes less intimidating."

February 17

Hearthrob **Candi** from **CANDI AND THE BACKBEATS**

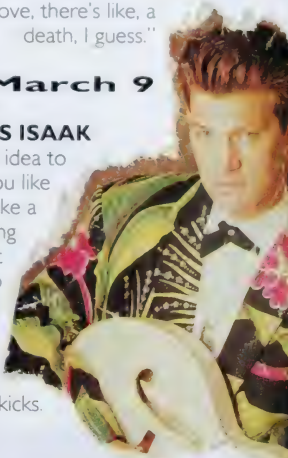
"I think love itself is pure and doesn't destroy and doesn't hurt... it's people that hurt each other. Without love, there's like, a death, I guess."



March 9

Hearthrob **CHRIS ISAAC**

"I think it's a good idea to do something you like to do. Don't take a job doing something you don't dig. You're better off to take a job doing something you like to do and take less money. You'll have a lot more kicks."



by Dave Jacox
with Laurie Stockburger

One day Randy Fowler was looking forward to trying out for the Saskatchewan Roughriders. The next day, he was watching the game from the 'handicapped' section of the end zone.

Z O O T T A L K S T O

"The Other Guy"



"The other guy" is the person bad stuff happens to, so it will never happen to us. (At least, it's not supposed to.) The trouble is that sometimes things get confused... and suddenly the other guy *is* us.



"You're lucky if the cops catch you drinking and driving. It's better than losing a friend and most of the other things you take for granted, like walking and talking."

When Randy Fowler was 22, he was the life of the party in Medicine Hat. He was also a good-looking and talented football player who'd been invited to try out for the Saskatchewan Roughriders - a dream come true. And a dream replaced one night by a nightmare. After spending the Thanksgiving weekend drinking in Montana, Randy and two of his friends got into his vehicle to drive home. They were drunk, and they were not wearing seatbelts. When the truck Randy was driving swerved off the road and rolled, his best friend was killed. Another friend walked away without a scratch. Randy was in a coma for three months and woke to hear that he would never walk again.

Randy talked to ZOOT's Laurie Stockburger about the price he paid for being popular, and doing what the "in crowd" was doing.

Randy has been living the life of the "other guy" for nearly ten years. Practice, and the patience to get up after falling down hundreds of times, has got him back on his feet again. Despite what doctors predicted, Randy can walk, although it's slowly and carefully. He can also talk, but his speech is slurred and you have to listen very closely to understand what he says.

These days, Randy lives with his mom and four woolly cats in a bright basement suite in Calgary. On the walls there's a Spuds

MacKenzie beer poster and a "Football is..." wall hanging to remind him of the past, and a picture of Rick Hansen to inspire the future.

Who were you before the accident?

I dreamed of playing professional football... in the CFL or something. In high school I was pretty athletic, I played football and did a lot of weight training and jogging and stuff like that. Chased girls like any other guy. I played for the Calgary Colts, the Calgary Mohawks and then the Medicine Hat Rattlers. The Saskatchewan Roughriders showed some interest in me coming to their training camp in Regina.

You had it made.

When you're young the top priority is to be liked. You do what your friends do. It was the in thing to be part of the gang and have a good time and we would party very excessively. Then you drive after you've been drinking, and you lose all sense of reality. You feel everything's going just fine, you're driving on the road straight as an arrow when in reality you're probably bouncing off the curb and going over the centre line. We really believed 'this Bud's for you.' We would go down to Montana to suck back some of that Bud.

That day I had more Bud than blood in my body.

Who was with you?

My best friend, Don and another friend, Greg. Greg got thrown out the door, and ended up walking away. We were probably going seventy plus miles an hour. We

weren't wearing seat belts... right into the ditch, end over end. Me and Don went head first through the front window. I must have landed on my left arm which took some of the pressure from landing on my head. Did I tell you that Don died? Don died at the scene.

What sort of shape were you in?

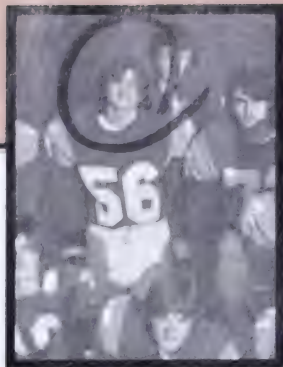
I was unconscious... in a coma. You need all these life support systems and all these machines to keep you alive. I was flown to the Calgary General Hospital where I was put in intensive care. I was totally out for three months all together. Waking up from a coma is a real gradual thing; you don't just open your eyes and wake up. You enter what they call a semi-coma for a while. You know, the lights are on but no one's home sort of thing. And then you wake up... you can't imagine not being able to talk! When I did start to talk it sounded just like garble to me so how the hell could they ever understand it? While I was in the coma laying in bed and doing nothing all my muscles that I'd worked my butt off to build had all gone bye, bye.

Were you angry?

I blamed everybody. It was really hard for me to blame myself. The hardest thing for me to accept was when my Mom told me that Don had died. I thought, "holy shit, I was driving and he died."

What are you doing now?

I'm with PARTY (Prevent Alcohol and Risk-related Trauma in Youth) at the Calgary General Hospital, telling junior high students my story and trying to discourage them



"I lost sixty-five pounds. I had so many problems. I had to wear diapers. I mean my pride was just whoosh, right out the window. I didn't know how to laugh. I'd bark like a dog."

from making the same mistake and totally screwing up their lives. I enjoy talking to these young people with Debbie Franchuk, the PARTY program co-ordinator. She was a nurse who worked in emergency and has just seen too many young people come in there all broken up.

There's also a (school presentation) video about substance abuse called **Be Excellent** and it toured high schools all over North America. They actually re-made my accident and they show me going to my friend's grave with that song, *Back On My Feet Again* by Michael Bolton playing in the background. I'm also working with SADD (Students Against Drinking and Driving) in Saskatchewan, telling high school football teams about what happened to me, and what could happen to them.

When you talk to teenagers, what do they ask?

They ask what happened to the guy who walked away from the accident.

Yeah, what did happen? Do you keep in touch?

Last summer at our ten-year high school grad reunion, I finally saw him. I was never really close to him, he just happened to be in my truck. It was hot. He wanted a ride in it... like a little kid. I said, 'why didn't you ever come and visit me in the hospital?' and he just said with a guy dying and another guy in a coma he didn't want to see anything to bring back the memory of that night. I reminded him of it so he never wanted to see me again.

Who else did you want to see at your high school reunion?

A girl I used to go out with. It was really exciting seeing her again. She lives in

Idaho, she's married, with three kids and her husband works with the tater farmers. I guess she's pretty happy and everything. I guess the second best thing is if you can't have her it's nice to see that she's happy and doing all right.

What are your plans for the future, your hopes and dreams?

To work on my walking. Lift my weights. Look at girls. I've become a really professional spectator. I also want to keep on telling my story to try to convince teens not to put themselves and their families through the same crap that I put myself and family and friends through.

Has anything good come out of all this?

Last Thanksgiving it was nine years since my accident and in those nine years I have learned double as much as I did through school. I think that your attitude is by far your most important quality. If you've got a good attitude pretty well anything is possible.

Do you ever get bored telling your story?

No. If out of all of the kids I've talked to, I can save one from making the same mistake I did, it's worth it.

Drinking and Driving is the leading cause of death among Alberta's young people. You can become part of the solution by contacting SADD (Students Against Drinking and Driving) or TADD (Teenagers against Drinking and Driving).

SADD
P.O. Box 7220, Postal Stn. E
Calgary, Alberta T3C 3M1
Telephone: 281-8963

TADD
P.O. Box 30167, Postal Stn. B
Calgary, Alberta T2M 4P1
Telephone: 230-0202



COOL

Our Summer issue's Straight Goods article **"Are Drugs Losing Their Cool"** drew hundreds of letters from teenagers who wrote mostly to let us know that drugs and alcohol have indeed lost most... but not all... of their cool.

- 89% stated that drugs are not cool
- 2% said that they are cool
- 9% said it depends on who's using them and why

If you are on drugs, you aren't yourself and the way I see it, cool is being yourself.

- Steven Peck, Blackfalds

Wearing bell bottoms is more cool than using drugs and alcohol.

- Donna Holstine, Taber

I'd rather be a loser if I have to drink to be cool.

- Jason, 14, Calgary

What you do because of your own opinions inside is cool. If you do it for what others think, it's not cool.

- Niki Middleton, 16, Sundre

With my friends, drugs and alcohol are totally uncool. Personally, I feel great knowing that I don't have to depend on that stuff to have an awesome time! If there are people you enjoy being with... just being with them should make anything you do fun!

- Anonymous, 16, Three Hills

I saw on TV that paying for a gram of coke a week amounts to sniffing a new car up your nose (the money for it anyway). What a waste.

- Jennifer, Esther

I live in a small town, but there's always something fun and exciting going on. My friends and I never miss a good time, but we always party without drugs or alcohol.

- Anonymous, Redwater

COMMENTS



He's nervous. He can't be more than 13-years-old. In an exaggerated, deep tone of voice he asks if I have the new N.W.A. record **Niggaz 4 Life**. I tell him I'm all out. It's a lie but it's one I can easily live with. It's less offensive to say I don't have it than it is to tell him he's too young to buy it. He thanks me and leaves, ego intact, and I go about my business.

I'm not a self-appointed guardian of public morality. I'm just a record clerk with a conscience. I love my job and in a few short months I'll celebrate my 20th anniversary in the music industry. Oh sure, working with the public has its drawbacks, but the rewards have always outweighed the negative aspects. Only once, in 1990, did some serious soul searching bring me very close to leaving the business. I saw "Language Warning" stickers become common rather than the exception. I watched as groups like 2 Live Crew and The Ghetto Boys battled each other to see who could be lewder and cruder, and who could earn the most sales-stimulating "beware" stickers. Worse, I witnessed young people lining up in our store to purchase this stuff and I wondered aloud if the record executives who signed the groups and who promote this music had kids themselves. If they did, would they allow them to buy this stuff?

I felt that the business was sick and I no longer felt proud being a part of it. Then some quite unexpected things happened. The Digital Audio Disc Corporation (the largest manufacturer of CD's in the U.S.), refused to press The Ghetto Boys CD because of its violent and sexually-explicit themes. Then Geffen Records, distributor of The Ghetto Boys label DEF American refused to release the recording and a few weeks later stopped distributing DEF American altogether. Finally someone took a stand and said "No more. We will not take part in the distribution of pornography masking itself as art." This action re-affirmed my faith in the

industry to a certain degree and made me feel much better.

A recent incident in Dodge City, Kansas may be of interest. Defence attorneys for two youths charged with murder are claiming their clients were "temporarily hypnotized by the music of The Ghetto Boys," when they committed the crime. Repeated exposure to songs such as "Trigger Happy Nigger" while under the influence of drugs and alcohol is being blamed.

2 Live Crew's **As Nasty As They Wanna Be** designed to exploit the censorship issue sold very well, but **Banned in The U.S.A.**, the follow-up record was a stiff. We sold less than 30 copies. **As Clean As They Wanna Be** sold less than 15 copies in our store.

In the past few months I've noticed a drastic decrease in the sales of music which is obscene for obscenity's sake. This tells me that people are interested in music more than sensationalism.

Danceable rap-pop with romantic themes seems to be taking over. Truly talented groups like Color Me Badd and Boys II Men are pushing aside the gutter rap exploiters.

My job as a record clerk shouldn't include deciding who is mature enough to deal with the content of a recording. Censorship is not in my job description. Selling music is. My personal beliefs make me reluctant to sell N.W.A. to a 13-year-old. It's perfectly within my rights to just say "no" and let him walk to the store up the street and buy it there.

But to me, the real question isn't a worry about the content of what young people are listening to or watching, but rather, the **variety**. Being exposed to a wide range of ideas, tastes and talent has a value all its own. The best decisions are always made from a broad knowledge and experience with "What's out there."

And yes, we do have **Buckwheat Zydeco!** **STOP**

quiz

Quiz continued from page 9

Evaluations:

40 - 50 Points

- You are a very trusting soul who has a hard time believing that not everyone is as honest as you. You look up to any authority figure and are easily persuaded by anyone older, supposedly wiser, or more experienced than yourself. You need to learn to trust your own gut instinct. When things seem wrong, don't be afraid to question them. People can and occasionally will mislead you to get their way. Wake up! P.S. We aren't sending you a million dollars!

26 - 39 Points

- You possess the perfect combination of honest doubter and true believer. You trust yourself, and this encourages you to trust others, but only when they've proven that they can be trusted. You've been conned before, but once fooled, you're more cautious next time. Most times, you go in with your eyes open, knowing that all may not be as it seems. Continue to question that which seems fishy and don't worry about the rest. Trust is your best friend.

10 - 25 Points

- Yep, you are a true skeptic. No one gets the benefit of the doubt around you... you've been let down too many times or discovered too many mistakes, and this is why you are reluctant to believe a lot of what you hear. You keep company with a lot of eloquent folks: Friedrich Nietzsche, "Great intellects are skeptical;" Diderot, "Skepticism is the first step toward truth;" Shakespeare, "Modest doubt is called the beacon of the wise;" and Thomas "Fats" Waller, "One never knows, do one?"

Don't You Hate it When....



YOUR MOTHER SAYS YOU'RE WATCHING ENTIRELY TOO MUCH TV?

SEPARATED AT BIRTH?



Pop Culture's Roving
Rapper Ice T...



Zoot Capri's Roving
Reporter Bryan A.

PHOTO COURTESY OF WARNER BROS.

PHOTO BY JAZHART

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PHOTO BY IAN GROLL

What Do You Think About This Then?

wdytatt?

Yeah, what *do* you think about *this*, then? Send your response to:

WDYTATT
ZOOT Capri, The Magazine
403, 304 - 8 Avenue S.W.
Calgary, Alberta T2P 1C2

If we print it, we'll send you a ZOOT T-shirt.



Response to our Heroes Issue cover caption contest was super **small**, proving our point that the most interesting heroes aren't the ones that fly or have a closet full of capes.

1. Oh, look. A superhero leaving for his home on planet Zoltoff after trying to make parents on earth more understanding and help them realize that they've got to let go of their kids.
- Janet Rudyk, Redwater
2. What?
1. Look! That guy isn't wearing Doc Martins, Guess jeans or a Club Monaco shirt. What a NERD!
2. Look! That guy isn't wearing Doc Martins, Guess jeans or a Club Monaco shirt. He's cool.
- Ryan Martin, Edmonton
1. Hey, Superdude, you can borrow my car!
2. Yo, Einstein. What good is a car if the bridge is out?
- Matt Glinski, Edmonton
1. My hero — bold, brave, soaring high and above all his problems.
2. Wonder when he'll realize that he's got a massive rip in his Spandex?
- Chris N., 15, Edmonton
1. I just love a man in a uniform. That is a uniform isn't it?
2. I wonder if he's ever had his colours done.
- Erin Brown, Calgary

WEST END GIRLS

West End Girls

You've heard "I Want You Back," and "Not Like Kissing You" at least a thousand times by now. In case you don't know who brings you these breathy pop tunes... Camille is the daughter of Bill Henderson, who headed up the superstar

seventies group, Chilliwack. She's had a lifetime of entertainment training from tap dancing to singing packed into her 21 years. Silvana Petrozzi is now 19, but when she was just 14, she started a band that became quite popular in the Vancouver area. Aimee Mackenzie is the baby of the group at 16, and has won numerous dancing awards. So how did this talented group get together? All three had to audition for the group, and although they were total strangers, they hit it off right away. Silvana says that she was performing with her band when someone noticed her and told her about producer, John William Dexter's auditions. "I was skeptical, but I took a demo tape in, to show what I could do."



FISHBONE

The Reality of My Surroundings

Fishbone began as a fairly straightforward ska band with simple tunes and a lot of energy. In **The Reality of My Surroundings**, melodies become more complex, and sounds are layered upon each other so that there is mass confusion. Bizarre, eclectic noises come from every direction... fast and aggressive guitars, bells, horns and samples from the furthest reaches of the universe. Lyrics like "If I believed everything I saw on television, I'd think like Brady Bunch, eat Wendy's for lunch, drive a Datsun, Subaru and never question much..." are masterpiece deluxe! This tape

needs to be listened to about 100 times before you even start to hear everything Fishbone has to offer. Anyone who likes Fishbone should make some effort to experience this audio-smorgasbord.

BUDDY GUY

Damn Right I've Got The Blues

Buddy Guy has been on the Blues scene a long, long time. Long enough to have seen other types of music grow into trendiness and then rot into oblivion. Countless artists including Colin James cite him as one of their major influences. Staying true to his roots, Guy's newest album is as slow down and blue as any of his predecessors. **Damn Right I've Got The Blues** isn't particularly innovative or extraordinary, but if you are a fan of the blues; add this tape to your collection. Joining Buddy on this album are two guitar players whom you may have heard before... Jeff Beck and Eric Clapton, guitar giants of the industry. This isn't an album to party to. Turn the lights low, kick up your feet and relax. Mellow!



Damn Right I've Got The Blues



ROCKERS READ

The New Music, a CityTV program, has discovered that your favourite musicians are not a bunch of screaming illiterates. In an episode called **Rock and Roll and Reading**, hosts Jana Lynne White and Denise Donlon report on what musicians read.

A lot of rockers seem to have a thing for vampires. **Sting**, **Johnette Napolitano of Concrete Blonde** and **Steve Vai** list one of their favourite books as **The Vampire Chronicles** by Anne Rice. Steve loved it so much that he tried to buy the rights to the story so he could make the movie. Steve's also working on a few books of his own, mostly about his music days with bands including **Whitesnake** and **David Lee Roth**.

Chris Robinson of the **Black Crowes** remembers that "When I was 16 or 17-years-old, author Jack Kerouac (who wrote **The Beat Generation** among lots of other books) was all I cared about."

MC Hammer reads a lot of books about successful entrepreneurs, like **Trump: The Art of The Deal**. He says he's noticed that they all have something in common, "They are go getters... they have their own opinions and are not swayed by what other people think."

Deborah Harry calls herself a voracious reader and thinks her heavy reading habit is to blame for her need for glasses. Some titles and authors she enjoys: **Ghost Story** and **Shadowland** by Peter Straub; **Love in the Time of Cholera** and **One Hundred Years of Solitude** by Gabriel Garcia Marquez.

Rob Halford from **Judas Priest** enjoys Stephen King mysteries such as **IT** and **Christine**.

Jane Siberry likes murder mysteries by Agatha Christie, and **Julee Cruise** of **Twin Peaks** soundtrack fame reads up on serial killers. "I know everything there is to know about them."

Mae Moore likes John Steinbeck novels such as **The Pearl** and **Cannery Row**, while the band, **The Grapes of Wrath** took their name from the title of another Steinbeck book.

Sue Medley recently read **Synchronicity: The Bridge Between Matter and Mind** by F. David Peat. Coincidentally, **Sting** once released an album called **Synchronicity**.

good question

Zoot Capri

Next year is my first year of high school and I'm really nervous. There are going to be so many new people to meet. I don't know if anybody will accept me. The thought of having different classes and different teachers and classmates scares me. Please send some advice. Thanks a million.

- Terrified, 15, Wetaskiwin

You've got lots of company, feeling the way you do. (Remember, everyone else who's new to the high school will be in the same boat as you!) Part of people accepting you will depend upon you accepting them. The people you meet will probably be as afraid to say something to you as you are of talking to them. Your way out? Force yourself to talk to your new classmates. Say hi. Smile. Look up and be friendly, instead of shrinking into your desk and studying your Vans. Hey, it's easy for us to say and harder for you to do, but it will be worth the effort. Often it's easier to talk to people when you have something in common. Join a school club if there's something that interests you. Take part in after-school activities. Get involved and soon you'll find yourself accepted.

I want to have a good year in 1992. 1991 wasn't the greatest and I'm not sure what people think about me. I don't really trust people except a few good friends. How can I change my

attitude and have a really great year?

- K.S., 14, Calgary

What people think about you depends a lot on what you think of yourself. Confidence and a positive attitude will draw friends like a magnet. Being willing to make some changes indicate that you have a good attitude, so forget about last year's hassles and keep looking forward to a friend and fun-filled year. And check out our response to the above letter from Terrified.

I was invited to this party where there's going to be drinking and other things. There's only five of us, so if I back out, everyone's going to know. And if I do back out, there's going to be more parties like this. What should I do?

- J.A., Edmonton

Sometimes you'll feel pressure from people to do things you really don't want to do. There may be others in your group who feel the same way too, but are afraid to say anything. Even if you skip this party, you're not going to be able to avoid them all your life, so you need to learn how to say no to things you don't want to do. You don't have to drink at this party if you don't want to. Take along a Pepsi, or orange juice or whatever you like and if the subject comes up, just say "no, I don't drink" (or do whatever it is you don't want to do). Even though the others may make fun of you, (and these days, there's a good chance they won't) deep

down inside they will respect you for standing up for your choice. And you will respect yourself.

I am 15-years-old and madly in love. The only problem is that he is not in love with me. We are good friends. I told him how I feel, and he said he felt the same way but he couldn't go out at that moment. Two weeks later he went out with someone else. I don't know how to get my mind off him. Going out with other guys doesn't help. How can I get my heart away from him?

- T.N., St. Albert

You have to get on with your own life. In other words, keep yourself busy so that you don't have time to think of him. Even though you are good friends, you should try to stay away from him. Although he said he felt the same way about you, he's sure not acting like it, is he? It would be smart for you to go after something else that interests you... a hobby, a sport, a part-time job, whatever. As you find something new to occupy yourself, your painful feelings for him will eventually fade away. It will take time, but that's something you do have.

I'm 13-years-old and I have two boyfriends. They both like me very much and I like them. But I don't want to two-time them. Should I dump them both?

- Michelle, Calgary

Why don't you try "eeny meeny miny mo..." Seriously, there's no law against seeing more than one male friend. Just be honest about it with them both and if one or the other doesn't like the idea, then that's something they'll have to think about. But at least you gave them the choice.

I am 14-years-old, tall (not too tall, like a giant or anything), and I am a model. I am on the honour roll and in the school jazz band. I'm on the Triple A softball team and in the school art club. My only problem is, I have never in my life been asked out by a guy. I get along great with my "girl" friends. I'm not shy around guys, I'm a very outgoing person. What is wrong with me?

- Anonymous

Lots of people have the same problem that you have. Your looks and personality may be intimidating the guys! Cher says she never gets asked out either. "The guys always assume I'm already busy." So do what she does, ask them out.

Got problems? Let us try to help. Send your worries to:

GOOD QUESTION
ZOOT CAPRI,
The Magazine
403, 304 - 8 Avenue S.W.
Calgary, Alberta
T2P 1C2

by Christopher Heatherington

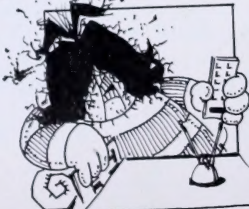
BOY, I'LL TELL YA... WITH TV THESE DAYS, YA REALLY GOTTA PAY ATTENTION!



I MEAN, IT'S SO HARD TO FIGURE OUT WHAT'S FACT AND WHAT'S FICTION...



WHAT'S FANTASY AND WHAT'S REALITY...



... AND IT GETS EVEN HARDER WHEN YOU TURN IT ON!



Lets Me Be Me

Whenever I feel like I should throw on a pair of tailored jeans and blend into the background, I take out my ZOOT's and read them all, cover to cover. Then I have the strength to take out my orange baseball cap and be myself. So this struggling individualist says thanks a hoot, ZOOT!

- E.F., 14, Edmonton

Bet They Built It Just To Make Us Look Bad

I was browsing through my magazine when I came to your trip to Cardston. I'm Mormon and I'm afraid that you've made a mistake. The Cardston temple is not the only one in Canada. There is one in Toronto also. I figured it was my duty as an L.D.S. girl to let you know.

- A.K., Lethbridge

Send Our Love

Hi, I just love your magazine because:

- 1) It's interesting

- 2) It's informative
- 3) It's printed on recycled paper

Could you please send me a few copies of your quiz, "How Do You Know If You're Really In Love?"

- E. H., Vegreville

Your copy of this very popular ZOOT quiz is on its way. Hope you love it.

Send My Zoot

I used to receive ZOOT until I moved from a town to the city. After this, I stopped getting ZOOT. Is there a reason for this?

- Bill Fox, 17, Lethbridge

Yes. Our mind reader was on vacation. If anyone else is moving, has moved or just isn't getting their magazine, call our toll-free line at 1-800-665-2211. Our mind reader is just not very reliable these days, with all the smog and snow blocking her vision.

Loves Us Two Times

I can't get enough of your magazine. I'm really impressed with it, sometimes I read it over twice.

- S.A., Rimbeiy

Believe it or not, there are people who read ZOOT six,

seven, even ten times. They're called proofreaders!

Write On For Love

Yesterday I uncovered a letter you sent to me June 1, 1990 giving me the address of a pen pal, Elena Stefanova Christova in Bulgaria. I am writing to tell you that Elena and I are more than pen pals! Over the past year and a half we have become rather close friends: we have exchanged photos, gifts and of course many love letters. I wish to thank you very kindly for matching us up!

- Richard S., St. Albert

Stinky Past, Rosy Future

I used to think your magazine stunk. My friends and I thought that getting it in the mail was some kind of sick joke. Then, in your Summer 1991 issue you did good! You went to small towns in Alberta, took pictures and talked to people. My friends and I said "Wow." Seriously, we like to see what teenagers like to do and what they think is cool.

- Karen Bourque, 14, Sherwood Park

Problem Solved

I'd really like to see more about people having problems and then solving them on their own. I'm not saying that you don't give good advice, because you give great advice. I even give your advice to others. I'm saying it would be nice to see people help themselves.

- E.C., 13, Calgary

Thanks for the advice, E.C. We'll see what we can do in our Spring "IF I WERE YOU" Issue.

You write Your Write! Well, you can if you want to. Send us your profound thoughts and perfect poetry. Hey, we'll even accept your complaints and criticism at:

YOUR WRITE

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next in zoot >

EXTRA EXTRA... coming out in April (Zoot is published four times a year).

BEST FRIENDS

How to make 'em, how to keep 'em, and when to let 'em go.



Love Story

It's our new and improved "How to tell if you're really in love" quiz. *You'll love it.*



i want to be beautiful so bad, it makes me sick.

We take a look at anorexia and bulimia, and talk with a couple of Alberta teens with these eating disorders.



Let's see what's out there...

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